BBC School Radio - Dance

They have a range of different options and it is worth a look through to see what interests you.

https://www.bbc.co.uk/programmes/articles/2xgXhhwf2jBWsdtF3vDkx36/primary-dance

The time to move sections says it is for KS1, but is actually fine for Years 3 and 4 too. This has dances linked to Antarctica, farming, space and more.

In the dance workshop section, there are dances with links to extreme sports, theme park rides and more.